Locations

1. Poway – Outpatient Center
   15611 Pomerado Road, Poway, CA 92064
2. Escondido – Health Center Building
   488 East Valley Parkway, Suite 400
   Escondido, CA 92025
3. Escondido – Makena Medical Center
   1955 Citracado Parkway, Escondido, CA 92029
4. Escondido – Outpatient Center
   2125 Citracado Parkway, Escondido, CA 92029
5. Poway – Pomerado Professional Plaza
   15706 Pomerado Road, Unit 110, Poway, CA
6. Ramona
   211 13th Street, Ramona, CA 92065
7. Rancho Peñasquitos – Prado Building
   9878 Carmel Mountain Road, San Diego, CA 92129
8. San Marcos – Outpatient Center
   120 Craven Road, San Marcos, CA 92078
9. Valley Center
   28743 Valley Center Road, Suite #B,
   Valley Center, CA 92082
10. Vista – Premier Crossing
    2385 South Melrose Drive, Vista, CA 92081

URGENT CARE

1. Poway | 858.675.3200
   Every Day: 9 a.m. – 8 p.m.
2. Ramona | 760.789.5174
   Monday – Friday: 10:30 a.m. – 7 p.m.
   Saturday: 9 a.m. – 4 p.m.

About Us

Palomar Health Medical Group, formerly Arch Health, is a multi-specialty, not-for-profit health care organization dedicated to enhancing the health of people in our communities. Based in San Diego, California, with more than 90 providers and 300 employees, we serve nearly 85,000 patients in North County San Diego at our medical centers in Escondido, Poway, Ramona, Rancho Peñasquitos, San Marcos, Valley Center and Vista.

These convenient locations offer outpatient services such as primary and specialty care, diagnostic and urgent care.

Proud Partners in Healthcare:

By choosing Palomar Health Medical Group, you have access to Palomar Health’s nationally-recognized hospital facilities:

› Palomar Medical Center Escondido
› Palomar Medical Center Poway

Award-Winning Care!

Our partnership with Palomar Health also gives our doctors and patients access to Mayo Clinic expertise that you can’t find anywhere else in San Diego.

Virtual Visits

Conveniently meet with our doctors from any location using your phone or smart device.