About Us
Palomar Health Medical Group, formerly Arch Health, is a multi-specialty, not-for-profit health care organization dedicated to enhancing the health of people in our communities. Based in San Diego, California, with more than 90 providers and 300 employees, we serve nearly 85,000 patients in North County San Diego at our medical centers in Escondido, Poway, Ramona, Rancho Peñasquitos, San Marcos, Valley Center and Vista.

These convenient locations offer outpatient services such as primary and specialty care, diagnostic and urgent care.

Proud Partners in Healthcare:
By choosing Palomar Health Medical Group, you have access to Palomar Health’s nationally-recognized hospital facilities:
› Palomar Medical Center Escondido
› Palomar Medical Center Poway

Our partnership with Palomar Health also gives our doctors and patients access to Mayo Clinic expertise that you can’t find anywhere else in San Diego.

Award-Winning Care!

Virtual Visits
Conveniently meet with our doctors from any location using your phone or smart device.