



Protect Yourself

THIS FLU SEASON

Flu Clinic Schedule

Flu Clinics (in-office):

When:

Where:

<p>By location Age 8+ By Appointment Only</p>	<p>Starting the week of 9/20 During scheduled office visit or specific Nurse Visit</p>	<p>By Location and Department Call your Primary Doctor to schedule.</p>
<p>Pediatrics ages 6 months + Poway</p>	<p>Starting September 22 Tuesdays: 9 – 11am Wednesdays: 1 – 4pm Thursdays: 9am – 11am</p>	<p>3rd Floor Pediatrics 15611 Pomerado Road Poway, CA 92064 858.675.3170</p>
<p>Senior Flu Clinic</p>	<p>September 24th 8am – 12pm</p>	<p>Outpatient Pavillion 3rd Floor South 15611 Pomerado Road, Poway, CA 92064</p>

Flu Clinics (Drive-up):

<p>Ramona By Appointment Only</p>	<p>September 24th and October 1st Saturdays 9am – 1pm Ages 8+</p>	<p>211 13th Street Ramona, CA 92065 760.789.5160</p>
--	---	--

Insurance will be billed for patients of Palomar Health Medical Group, formerly Arch Health.

Each year, the Centers for Disease Control (CDC) recommends a new flu vaccine to protect against the upcoming strains of influenza. The 2022–2023 flu vaccine will protect against the three influenza viruses that research indicates will be most common during the season.



**For ages 6 months and up.
Cash payment.**

\$70 For High-Dose Vaccine.



Protect your family. Schedule an appointment today.
PalomarHealthMedicalGroup.org/flu