Date:			



NEW PATIENT SLEEP MEDICINE CONSULT

Patient Name:	DOB:			
PCP Nam <u>e:</u>				
	PCP Fax Number:			
Refering_Physician:				
	m?			
Average time asleep nightly (hrs):	Average Number of nighttime awakenings:			
Current Medications (please includ	e dose and frequency):			
Drug Allergies:				
If you have Sleep Apnea:				
	Was your test completed at home or in a facility?			
Any other sleep studies completed?	•			
Current form of treatment (CPAP/o	ther device) and Current Pressure Settings (if known):			
Type of Mask and supplies details (r	nasal pillows, nasal mask, full mask):			
Current DMF company for mask Su	nnlies			

MEDICAL HISTORY (Please list year diagnosed)

No Pertinent Medical History		PSYCHIATRIC HISTORY
		Please list year diagnosed
Obstructive Sleep Apnea	☐ Heart Disease/Heart Attack	☐ Depressive disorder
Central Sleep Apnea/Mixed	☐ Thyroid Disease	☐ Anxiety disorder
Insomnia	☐ High cholesterol	☐ Bipolar disorder
Narcolepsy	☐ Kidney disease	☐ Schizophrenia
Restless Leg Syndrome	□ COPD	☐ Attention deficit-hyperactivity disorder
Childhood Sleep Terrors or Sleep Walking	☐ Asthma	☐ Inpatient hospitalization
Chronic pain disorder	☐ Anemia	☐ Alcohol/drug dependence (current)
Chronic Fatigue Syndrome	☐ Fibromyalgia	☐ Alcohol/drug dependence (past)
Chronic Back Pain	☐ Seizure Disorder	☐ Other Pertinent Medical History (Please List)
Osteoarthritis	☐ Parkinson's Disease	
Chronic Joint Pain	☐ Migraine headache	
Hypertension/Blood Pressure	☐ Alzheimer's Disease/Other Dementia	
Atrial fibrillation	☐ Stroke/TIA	
Other cardiac arrhythmias	MALES	
Congestive Heart Failure	☐ BPH/Large prostate	
GERD/Heartburn	☐ Erectile Dysfunction /Impotence	
Diabetes Mellitus	FEMALES	
Allergic rhinitis (nasal allergies)	☐ Menopause	
Seasonal/Environmental Allergies	☐ Urinary Incontinence	

SURGICAL HISTORY (Please list year of Surgery)

☐ No prior surgeries	☐ Orthodontia/Braces	☐ Pacemaker/AICD implantation
☐ Bariatric Surgery	☐ Sinus surgery	☐ Neck Surgery
☐ ENT Surgeries	☐ Surgery for sleep apnea/UPPP	☐ Back Surgery
☐ Tonsillectomy	☐ Coronary artery bypass	☐ Other Pertinent Surgery
☐ Deviated nasal septum surgery	☐ Cardiac angioplasty/stents	

FAMILY HISTORY Any Family members diagnosed with Sleep Disorder?

FAMILY MEMBER	Sleep Apnea	Narcolepsy	Insomnia	Restless leg Syndrome	Depression	Anxiety	Other Pertinent sleep disorders Please list
Father							
Mother							
Sister							
Brother							
Grandparents							
Children							